

## INSTITUTES OF UNIVERSAL SELFCONSCIOUSNESS MOVEMENT HYDERABAD

ITEM-1 For News Bulletin

### IUSCM & SMRYDGA INSTITUTES SPIRITUAL MERIT AWARD

With the intention of encouraging wide participation in the spread of spiritual message of universal self consciousness through meditation process & to recognise the honest efforts made by individuals and groups in that direction, IUSCM & SMRYDGA governing board has decided in the year 2006 to institute Spiritual Merit Award. The first Spiritual Merit Ward for the year 2006 was bestowed on Dr.K.C. Rajagopalan & his spouse Smt. Sow. K.C.Lakshmi of Thrupati Andhrapradesh India, for their honest and self effacing devoted & dedicated service to Samartha Sadguru Sri Ramachandra maharaj & popularising sahaja marga raja yoga meditation as discovered & propounded by samartha sadguru , leading to the emergence of Universal Self Consciousness.



Sri K. Rangachari of IUSCM presenting Spiritual Merit Award

ITEM—2 For NEWS BULLETIN ----

### MESSAGE FROM MASTER

I congratulate Sri Govinda Sami, Local President, Preceptors, & the editorial board of IUSCM & SMRYDGA for starting Spiritual News Bulletin that acts as the MOUTH PIECE to translate the Cosmic Signals of Spiritual Evolution, Human welfare, Global ONENESS, Peace, & Prosperity of **MAN KIND** originating from COSMIC MIND (HIRANYA GARBHA). In human body & its bio system more specifically its brain & nerves which act as transmitting avenue there is an '**Astral CODE TRANSLATING DEVIC**' embedded , in the form of 6 lotus wheels known as ---shet CHEKRAS whirling rotationally on the axis of an **ASTRAL TUBE** called Sushumna Nadi . This astral system is responsible for generating & processing **KUNDALINI SHAKTI** the astral primal force by splitting the elemental atom of earth molecule & to process it in to most highly subtle divine astral psycho somatic state of force while taking it pass through various astral nodes of wheels of -Muladhra Swadhishtana ,Manipuraka, Anahatha, Vishudha, Ajana, & Sahasrara ,modifying it in to rarefied states of elements of water , fire air, & space. The astral system is dormant in almost all human beings & needs to be evoked by activation through yogic meditation process .This could be most effectively & safely be done by our yoga of **Functional Dynamic**

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**Meditation (FMD) with Pranahuti Force** as the main plank of approach, brought down from Hiranya Garbha the Universal Cosmic Mind. Then mans mind hither to orient to usual bio system of brain & nerves, opens to **COSMIC SIGNALS** ,translating them in to human oriented derivation of communication system. The result is the waking consciousness is sublimated & Trans -mutated in to **Godly AWRENESS**.

I pray to My MASTER to bestow Grace of blessings on the readers to aspire for spiritual evolution on the plane of CONSCIOUSNESS to become MEN OF FULLFILMENT ---**KRUTA KRITYA**.  
YOUR OWN SELF

ITEM\_ NO . 3---

### Validation of BHUMA **the mystical experience**

Date3-9-06—During meditation in savikalpa Samadhi , the concept of Bhuma as indicated in Chandogya Upanisad was validated ie. **Triputi collapsed & felt there is no object or its process of objectification.**

**My own Self as conscious Being is thrown back instead of object of name & form. Instruments of perception & action were modulating instinctively . Mind ceased to receive & acknowledge the kick backs. Inside and outside looked as one and the same.**

Master Smartha Sadguru Sri Ramachndra Maharaj in his writings used the concept Bhuma as Reality itself. In the days of yore this concept was coined by Brahma rushi Sanathkumara in the context of teaching about Parabrahaman the ULTIMATE REALITY( Candogya upanisad-7-24-1,2Sri Ramakrisna Math -Mylapu r Madras 1956) to his brother -disciple Narada Maharushi. In that state of condition " nothing is perceived as other , nothing is heard as other, nothing is known as other, that Bhuma the Infinity--anantha -; where something is heard as other, some thong is known as other is finite-aulpa ; that which is Infinite- anantha is immortal ; what is finite -aulpa is mortal .

Master is of the opinion that REALITY conceived as Sat—Chit -Ananda ( Existence -Consciousness - Bliss ) is not Para Brahman; In His conception BHUMAN is Absolute REALITY . Non the less it is to be clarified that Vedic texts tried to describe the Ultimate REALITY by two methods viz- method of assertion & method of negation or elimination . Conception of Sat—Chit - Ananda comes under method of assertion where Reality is described in terms of Its Manifestation Where as method of negation is indicated interms of Neti-Neti(Not This-Not This). REALITY is both above the conceptions of Asat & Sat, these two conditions are just like the -obverse & reverse of a coin. Spiritual Realisation means both these conditions & THAT which is Beond the both.

Your Own SELF

Item NO. 4—Letters  
Dated-7-7-2001

## INSTITUTES OF UNIVERSAL SELFCONSCIOUSNESS MOVEMENT HYDERABAD

Dear Dr. G. k.Sangle sahib—Ashirvad. 1. Perception of Guru as spiritual teacher, –concept varies in stages as abhyas progress ; please glance through the page 175 in Book Of Knowledge Divine . Experiencing Master (Guru) as Parabrahman in flesh & blood is the highest culmination of devotion to Truth. 2- Words express the manifested form of Bhavana-thought conception. Your letter reveal the experience of Divine as bhava which is the grace of my Master. Your heart is filled with the highest form of Bhava—Swaroopa of the REALITY. 3. You wanted me to indicate the short comings , mistakes, etc. in the abhyasis: see, page 64-para-6. You are surprised to discover that in spiritual path there are no mistakes, as we understand in transectional life. It is question of honesty to one self. 4-In our system Prayer is a Live-Link with the Ultimate & is to be understood as an essential tool. 5-It is based on the principle of yoga of “ detachment by attachment”. One gets detached from sansara the mundane life, & finite (alpa ) bhavana –thought by attaching to guru-the Master the Infinite Reality; thus gets absorbed in the Infinity. 6- the spiritual exercises(practices) are to be taken up after stabilising in yoga: wait. 7- A yogi who advocates Doctrine of “ Non-Creation (Ajata-Wada) does not observe date of birth. 8- AS regards to shift from Aurangabad wait for direction from Master.

Your Own SELF .

Dated 8<sup>th</sup>-Augst 2006-11-01

Disturbed during Dhyana. Had vision of Kundalini Shakti in embodied form, coursing through Sushumna Nadi, Vajara Nadi, Chitra Nadi, & Brahma Nadi opening in Muladhra Chakra, ascending through Swadhishtana, Manipuraka, Anahatha, Vishudha, Agna, reaching , Sahasrara, & merging in SHIVA as SHIVANI.

**The “Shiva-Shivani” Thandava Nruthiya ” is ended for this Yuga KALPA.**

**YOUR Own SELF**

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